

# PreK-Grade 8

## MARCH 2018 Child Nutrition Program



Monday	Tuesday	Wednesday	Thursday	Friday
<b>5</b> Warm Glazed Cinnamon Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>6</b> Blueberry Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>7</b>  Cinnamon Crisp Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>8</b> French Toast Sticks, 2.5 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>9</b>  Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit
<b>12</b> Warm Croissant, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>13</b> Maple Pancakes, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Cup	<b>14</b> Chicken Sausage on Honey Biscuit, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>15</b> Yogurt with Granola, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>16</b>  Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit
<b>19</b> Warm Glazed Apple Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>20</b> Corn Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>21</b>  Oatmeal Cocoa Chip Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>22</b> Cinnamon Waffles, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>23</b>  Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit
<b>26</b> Warm Croissant, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>27</b> Chocolate Chip Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Cup	<b>28</b> Cheese Omelet Wrap, 3 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>29</b> Blueberry Pancakes, 2.5 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	<b>30</b>  Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit

1/2 cup Fresh Fruit Options will be offered daily. Milk is served with every meal.

Choose 1% White Milk or Fat Free White Milk.

The ounce value listed equates to the number of grain equivalences. ALL GRAIN PRODUCTS ARE WHOLE GRAIN AND MEET THE GRAIN OUNCE EQUIVALENCY. ALL FOOD ITEMS MEET USDA CACFP AND CNP: NSLP/SBP REQUIREMENTS.

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- (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

# PreK-Grade 8

## MARCH 2018 Child Nutrition Program

### LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<b>5</b> Grilled Cheese Sandwich Steamed Carrots, $\frac{1}{2}$ cup Potato Smiles, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>6</b> <i>Taco Tuesday</i> *Pork Taco on Soft Shell Shredded Lettuce Red Kidney Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>7</b> <i>Italian Day</i> Chicken Parmigiana On Baked Bun Steamed Broccoli, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	<b>1</b> Mozzarella Sticks & Chicken Smackers <b>COMBO</b> Marinara Sauce Carrot Sticks, $\frac{1}{2}$ cup Potato Smiles, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	<b>2</b> Cheese Pizza Steamed Spinach, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
<b>12</b> Baked Macaroni & Cheese Cucumber Coins, $\frac{1}{2}$ cup Steamed Carrots, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>13</b> <i>Taco Tuesday</i> *Shredded Pork on Soft Shell Green Pepper Strips, $\frac{1}{2}$ cup Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>14</b> <i>Asian Day</i> Sweet & Sour Chicken Seasoned Brown Rice Steamed Broccoli, $\frac{1}{2}$ cup Chilled Peach Cup, $\frac{1}{2}$ cup Choice of Milk	<b>8</b> Hot Turkey Ham Sandwich Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>9</b> Homemade Baked Ziti Steamed Green Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
<b>19</b> Three-Bean Chili Seasoned Brown Rice Steamed Carrots, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>20</b> <i>Taco Tuesday</i> Turkey Taco on Soft Shell Black Bean Salad, $\frac{1}{2}$ cup Roasted Corn, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	<b>21</b> <i>Build Your Own Burger</i> Hamburger on Baked Bun American Cheese & Sliced Tomato Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>15</b> Chicken Smackers with Ketchup Bread Slice Vegetarian Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>16</b> Potato Crusted Fish Patty on Baked Bun Carrot Sticks, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
<b>26</b> Colby Cheese Omelet Wrapped in Soft Shell Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>27</b> Chicken and Cheese Quesadilla Steamed Carrots, $\frac{1}{2}$ cup Green Pepper Strips, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>28</b> *Crispy Boneless Pork Chop with Ervory Dinner Roll Black Bean Salad, $\frac{1}{2}$ cup Roasted Corn, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	<b>22</b> *Pork Meatballs & Rotini Pasta Steamed Green Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	<b>23</b> UNO CHEESE PIZZA Steamed Broccoli, $\frac{1}{2}$ cup Carrot Sticks, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
<b>30</b> Mozzarella Sticks with Marinara Sauce Steamed Green Beans, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk				

**Available Daily**  
 \*Choice of either **Apple Slices** & **Jelly** Sandwiches  
 American Cheese Sandwiches  
 A side salad (1 cup) of leafy dark green vegetable is offered daily.  
 $\frac{1}{2}$  cup **Fresh Fruit options will be offered daily.**  
**Select a Fruit AND/OR vegetable with your sandwich.**

You may also choose your choice of milk:  
 Prick & Pencilpoint Milk is available with every meal. Choose 1% Whole Milk or Fat Free Whole Milk daily.  
 K&L Pencilpoint Milk is available with every meal. Choose 1% Whole Milk or Fat Free Whole Milk daily.  
 ALL BEAN PRODUCTS ARE WHOLE GRAIN.  
 ALL FOOD ITEMS MEET USDA, NSIC/FSR requirements.  
 \*pork item will be substituted with a non-pork item to equate meat/meat alternative



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