







BREAKFAST

FEBRUARY 2018 Child Nutrition Program

PreK-Grade 8

Monday	Tuesday	Wednesday	Thursday	Friday
5 Chocolate Chip Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	6 Warm Glazed Apple Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	7  Oatmeal Cocoa Chip Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	1 French Toast Sticks, 2.5 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	2  Grounding Day Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit
12 Warm Croissant, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	13 Maple Pancakes, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	14 Ash Wednesday Yogurt with Granola, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	8 Cinnamon Waffles, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	9  Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit
19  NO SCHOOL	20 Apple Granola Square, 1 oz Cheese Stick, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Cup	21  Cinnamon Crisp Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	15  Pancake wrapped Turkey Sausage 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	16  Chinese New Year Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit
26 Warm Croissant, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	27 Corn Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	28 Cheese Omelet Wrap, 3 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	22 Blueberry Pancakes, 2.5 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	23  Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit

Milk is served with every meal.
 Choose 1% White Milk or Fat Free White Milk.
 The ounce value listed equates to the number of grain equivalent servings.
ALL GRAIN PRODUCTS ARE WHOLE GRAIN.



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- (1) mail: U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: pregran.jrnlk@usda.gov.

This institution is an equal opportunity provider.



LUNCH

FEBRUARY 2018 Child Nutrition Program

PreK-Grade 8

Monday	Tuesday	Wednesday	Thursday	Friday
5 Grilled Cheese Sandwich Steamed Carrots, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk	6 <i>Taco Tuesday</i> *Pork Taco on Soft Shell with Cheddar Cheese & Steamed Lettuce Red Kidney Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	7 <i>Italian Day</i> Chicken Parmigiana On Baked Bun Steamed Broccoli, ½ cup Fruit Cup, ½ cup Choice of Milk	1 Mozzarella Sticks & Chicken Smoekers COMBO! Bread Slice Steamed Broccoli, ½ cup Fruit Cup, ½ cup Choice of Milk	2 <i>Grounding Day</i> Cheese Pizza Black Bean Salad, ½ cup Fresh Fruit, ½ cup Choice of Milk
12 Baked Macaroni & Cheese Cucumber Coins, ½ cup Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk	13 <i>Taco Tuesday</i> *Shredded Pork on Soft Shell Green Pepper Strips, ½ cup Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	14 <i>Valentine's Day Lunch</i> ASH WEDNESDAY Potato Crusted Fish Party on Baked Bun Roasted Potato Wedges, ½ cup Strawberry Fruit Cups, ½ cup STRAWBERRY MILK	8 Hot Turkey Ham Sandwich Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	9 Homemade Baked Ziti Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk
19 NO SCHOOL 	20 <i>Taco Tuesday</i> Turkey Taco on Soft Shell Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk	21 <i>Build Your Own Burger</i> Hamburger on Baked Bun American Cheese & Sliced Tomato Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	15 Chicken Smoekers with Ketchup Bread Slice Vegetarian Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	16 <i>Chinese New Year</i> Mandarin Orange Fish Nuggets Seasoned Brown Rice Steamed Broccoli, ½ cup Chilled Peach Cup, ½ cup Choice of Milk
26 Colby Cheese Omelet Wrapped in Soft Shell Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	27 Chicken and Cheese Quesadilla Steamed Carrots, ½ cup Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk	22 *Pork Meatballs & Rotini Pasta Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	23 Cheese Pizza Steamed Broccoli, ½ cup Corn Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk	
		28 <i>Try Something New</i> Chicken Fajita in Bread Bowl with Cheddar Cheese Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk		

Available Daily
Peanut Butter or Sun Butter & Jelly Sandwiches
American Cheese Sandwiches
A side salad (1 cup) of leafy, dark green vegetable is offered daily.
½ cup Fresh Fruit options will be offered daily.
Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk:
Peak-8 Participants: Milk is available with every meal. Choose 1% Whole Milk or Full Fat Whole Milk daily.
K-3 Participants ONLY: Fat Free Chocolate milk is available Tuesdays and Thursdays.
ALL GRAIN PRODUCTS ARE WHOLE GRAIN.
ALL FOOD ITEMS MEET USDA/NSIP/NSIP REQUIREMENTS.
*pork item will be substituted with a non-pork item to equate meat/meat alternative.



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