

PreK-Grade 8

MAY 2018 Child Nutrition Program



BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>7 Warm Croissant, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>1 Chocolate Chip Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>2 French Toast Sticks, 2.5 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	 <p>3 Cinnamon Crisp Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	 <p>4 Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>
<p>14 Warm Glazed Apple Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>8 Maple Pancakes, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>9 Chicken Sausage on Honey Biscuit, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>10 Yogurt with Granola, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	 <p>11 Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>
<p>21 Warm Croissant, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>15 Corn Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>16 Pancake wrapped Turkey Sausage 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>17 Cinnamon Waffles, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	 <p>18 Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>
<p>28 Warm Glazed Cinnamon Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>22 Blueberry Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>23 Cheese Omelet Wrap, 3 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>24 Blueberry Pancakes, 2.5 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	 <p>25 Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>
	<p>29 Blueberry Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	 <p>30 Cinnamon Crisp Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>31 Warm Apple Fruit Pocket 1/2 cup 100% Fruit Juice</p>	

1/2 cup Fresh Fruit Options will be offered daily (Banana OR Apple OR Pear)

Milk is served with every meal.

Choose 1% White Milk or Fat Free White Milk.

The ounce value listed equates to the number of grain equivalents.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN AND MEET THE GRAIN OUNCE EQUIVALENCY

ALL FOOD ITEMS MEET USDA CACFP AND CNP- NSIP/SBP REQUIREMENTS.

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov

This institution is an equal opportunity provider.

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Monday	Tuesday	Wednesday	Thursday	Friday
7 Baked Macaroni & Cheese Cucumber Coins, $\frac{1}{2}$ cup Steamed Carrots, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	1 <i>Taco Tuesday</i> Shredded Turkey Taco on Soft Shell Red Kidney Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	2 <i>Italian Day</i> Chicken Parmigiana On Slider Roll Steamed Broccoli, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	3 Hot Turkey Ham Sandwich Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	4 Homemade Baked Ziti Steamed Green Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
14 Three-Bean Chili Seasoned Brown Rice Steamed Carrots, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	8 Fiesta Pizza Green Pepper Strips, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	9 <i>Asian Day</i> Sweet & Sour Chicken Seasoned Brown Rice Steamed Broccoli, $\frac{1}{2}$ cup Chilled Peach Cup, $\frac{1}{2}$ cup Choice of Milk	10 Chicken Bites with Ketchup Bread Slice Potato Smiles, $\frac{1}{2}$ cup Steamed Chickpeas, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	11 Cheese Pizza Carrot Sticks, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
21 Cheesy Stuffed Bread Sticks with Marinara Sauce Steamed Green Beans, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	15 <i>Taco Tuesday</i> Turkey Taco on Soft Shell Black Bean Salad, $\frac{1}{2}$ cup Roasted Corn, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	16 <i>Build Your Own Burger</i> Hamburger on Slider Roll American Cheese & Sliced Tomato Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	17 Chicken Snackers & Rottini Pasta Steamed Green Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	18 Potato Crusted Fish Patt on Slider Roll Steamed Broccoli, $\frac{1}{2}$ cup Carrot Sticks, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
28 Grilled Cheese Sandwich Steamed Carrots, $\frac{1}{2}$ cup Potato Smiles, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	22 Chicken and Cheese Quesadilla Steamed Carrots, $\frac{1}{2}$ cup Green Pepper Strips, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	23 Oven Crispy Chicken with Gravy Dinner Roll Black Bean Salad, $\frac{1}{2}$ cup Mashed Potato, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	24 Chicken Alfredo Pasta Steamed Broccoli, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	25 Cheese Pizza Carrot Sticks, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk
	29 <i>Taco Tuesday</i> Beef Taco on Soft Shell Shredded Lettuce Red Kidney Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	30 <i>Italian Day</i> Chicken Parmigiana On Slider Roll Steamed Broccoli, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	31 Hot Turkey Ham Sandwich Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	

Available Daily:
 Peanut Butter or Sun Butter & Jelly Sandwiches
 American Cheese Sandwiches

A side salad (1 cup) of leafy dark green vegetable is offered daily.
 $\frac{1}{2}$ cup Fresh Fruit options will be offered daily.
Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk:
 PreK-4 Participants: Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk only.
 K-8 Participants ONLY: Fat Free Chocobale milk is available Tuesdays and Thursdays.
 ALL GRAIN PRODUCTS ARE WHOLE GRAIN.
 ALL FOOD ITEMS MEET USDA: NSL/P/SBP REQUIREMENTS.
 *-pork item will be substituted with a non-pork item to equate meat/meat alternative

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