

APRIL 2018 Child Nutrition Program

BREAKFAST



PreK-Grade 8

Monday	Tuesday	Wednesday	Thursday	Friday
2 Warm Glazed Cinnamon Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	3 Blueberry Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	4 ZEE ZEE'S Cinnamon Crisp Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	5 French Toast Sticks, 2.5 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	6 General Mills Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit
9 Warm Croissant, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	10 Maple Pancakes, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	11 Chicken Sausage on Honey Biscuit, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	12 Yogurt with Granola, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	13 General Mills Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit
16 Warm Glazed Apple Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	17 Corn Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	18 ZEE ZEE'S Oatmeal Chip Bar, 1 oz Cheese Stick, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	19 Cinnamon Waffles, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	20 General Mills Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit
23 Warm Croissant, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	24 Chocolate Chip Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	25 Cheese Omelet Wrap, 3 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	26 Blueberry Pancakes, 2.5 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	27 General Mills Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit
30 ZEE ZEE'S Oatmeal Chip Bar, 1 oz Cheese Stick, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit				

1/2 cup Fresh Fruit Options will be offered daily. Milk is served with every meal. Choose 1% White Milk or Fat Free White Milk. The ounce value listed equates to the number of grain equivalences. ALL GRAIN PRODUCTS ARE WHOLE GRAIN AND MEET THE GRAIN OUNCE EQUIVALENCY. ALL FOOD ITEMS MEET USDA CACFP AND CNP: NSLP/SSP REQUIREMENTS.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov

This institution is an equal opportunity provider.

APRIL 2018 Child Nutrition Program LUNCH

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2 Grilled Cheese Sandwich Steamed Carrots, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk	3 *Pork Taco on Soft Shell Shredded Lettuce Red Kidney Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	4 <i>Italian Day</i> Chicken Parmigiana On Slider Roll Steamed Broccoli, ½ cup Fruit Cup, ½ cup Choice of Milk	5 Hot Turkey Ham Sandwich Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	6 Homemade Baked Ziti Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk
9 Baked Macaroni & Cheese Cucumber Coins, ½ cup Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk	10 *Taco Tuesday Shredded Pork on Soft Shell Green Pepper Strips, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk	11 <i>Asian Day</i> BBQ Teriyaki Chicken Seasoned Brown Rice Steamed Broccoli, ½ cup Chilled Peach Cup, ½ cup Choice of Milk	12 Chicken Snackers with Ketchup Bread Slice Vegetarian Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	13 Potato Crusted Fish Patty on Slider Roll Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk
16 Three-Bean Chili Seasoned Brown Rice Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk	17 *Taco Tuesday Turkey Taco on Soft Shell Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk	18 <i>Build Your Own Burger</i> Hamburger on Slider Roll American Cheese & Sliced Tomato Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	19 *Pork Meatballs & Rotini Pasta Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	20 <i>UNO</i> Cheese Pizza Steamed Broccoli, ½ cup Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk
23 Colby Cheese Omelet Wrapped in Soft Shell Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	24 Chicken and Cheese Quesadilla Steamed Carrots, ½ cup Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk	25 Oven Crispy Chicken with Gravy Dimmer Roll Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk	26 Chicken Alfredo Pasta Steamed Broccoli, ½ cup Fresh Fruit, ½ cup Choice of Milk	27 <i>Try Something New</i> Cheesy Stuffed Bread Sticks with Marinara Sauce Steamed Green Beans, ½ cup Fruit Cup, ½ cup Choice of Milk
30 Grilled Cheese Sandwich Steamed Carrots, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk				

Available Daily
 or
 American Cheese Sandwiches
 A side salad (1 cup) of leafy dark green vegetable is offered daily.
 ½ cup Fresh Fruit options will be offered daily.
 Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk:
 K&B Participants: Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.
 ALL GRAIN PRODUCTS ARE WHOLE GRAIN.
 *Pork item will be substituted with a non-pork item to equate meat/meat alternative.

