



LUNCH

MAY 2017 Child Nutrition Program

Prek-Grade 8

Monday	Tuesday	Wednesday	Thursday	Friday
"Say Cheez!" Grilled Cheese Sandwich Red Pepper Strips, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 1	Taco Tuesday Turkey Taco on Soft Shell Potato Smiles, 1/2 cup Black Bean Sald, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 2	Cricken Smackers Pasta Salad Cucumber Coins, 1/2 cup Peach Cup, 1/2 cup Choice of Milk 3	Try Something New Fish Nuggets with Orange Sauce Seasoned Brown Rice Glazed Carrots, 1/2 cup Fruit Cup, 1/2 cup Choice of Milk 4	"Cinco de Mayo" Mexican Fiesta Pizza Taco Spinach Salad, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 5
"Say Cheez!" Baked Macaroni and Cheese Roasted Green Beans 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 8	Pork Chili with Corn Loaf Glazed Carrots, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 9	Build Your Own Burger Hamburger on Baked Bun Cheese, Shredded Lettuce, Tomato Baked Vegetarian Beans, 1/2 cup Potato Smiles, 1/2 cup Fruit Cup, 1/2 cup Choice of Milk 10	Chicken Patty on Baked Bun Potato Smiles, 1/4 cup Steamed Broccoli, 1/4 cup Fresh Fruit, 1/2 cup Choice of Milk 11	Potorto Crusted Fish Patty on Baked Bun Shredded Lettuce Sweet Potato Fries, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 12
"Say Cheez!" Potato Ravioli with Marinara Sauce Glazed Carrots, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 15	Taco Tuesday Shredded Pork Taco on Soft Shell Red Pepper Strips, 1/4 cup Roasted Chickpeas, 1/2 cup Fruit Cup, 1/2 cup Choice of Milk 16	Asian Day Teriyaki Chicken over Brown Rice Steamed Broccoli, 1/2 cup Chilled Pineapple Cup, 1/2 cup Fortune Cookie Choice of Milk 17	Hot Turkey Sandwich with Gravy Potato Smiles, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 18	 Roasted Broccoli, 1/4 cup Fresh Fruit, 1/2 cup Choice of Milk 19
Southwest Day Three-Bean Chili Seasoned Brown Rice Steamed Green Beans, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 22	Chicken Smackers with Ketchup Potato Smiles, 1/4 cup Cucumber Coins, 1/4 cup Fresh Fruit, 1/2 cup Choice of Milk 23	Italian Day Pork Meatballs & Rotini Pasta Parmesan Zucchini, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 24	Chicken and Cheese Quesadilla with Tomato Salsa Black Beans, 1/4 cup Fruit Cup, 1/2 cup Choice of Milk 25	Potato Crusted Fish Patty on Baked Bun Shredded Lettuce Glazed Carrots, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 26
 29	Turkey Ham and Cheese Wrap Potato Smiles, 1/4 cup Cucumber Coins, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk 30	Brunch for Lunch Pancakes with Maple Syrup Turkey Sausage and Egg Patty Carrot Sticks, 1/4 cup Applesauce Cup, 1/2 cup Choice of Milk 31		

MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

Available Daily
 Peanut Butter or Sun Butter & Jelly Sandwiches
 American Cheese Sandwiches
 Sandwiches on Whole Grain Bread
 A side salad of leafy dark green vegetable is offered daily.
 Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.
 Fat Free Chocolate milk is available Tuesdays and Thursdays.

Select a fruit AND/OR vegetable with your sandwich.
 You may also choose your choice of milk.
ALL GRAIN PRODUCTS ARE WHOLE GRAIN.