



LUNCH

MARCH 2017 Child Nutrition Program

PreK-Grade 8

Monday

Tuesday

Wednesday

Thursday

Friday

6
Hamburger on Baked Bun
Shredded Lettuce and Tomato
Sweet Potato Fries, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

7
Grilled Cheese Sandwich
Honey Glazed Carrots, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

8
Southern Choice
BBQ Shredded Pork
Cornbread
Black Bean Salad, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

9
Chicken Parmigiana
Rotini with Marinara Sauce, 1/2 cup
Sautéed Green Beans, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

10
Potato Crusted Fish Patty/Cheese
on Baked Bun
Shredded Lettuce
Potato Puffs, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

13
Chicken & Cheese Quesadilla
with Tomato Salsa
Red Pepper Strips, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

14
Chicken Patty on Baked Bun
Roasted Broccoli, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

15
Italian Day
Pork Meatballs & Pasta
Sautéed Green Beans, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

16
Turkey Taco
on Soft Shell
Roasted Corn, 1/2 cup
Roasted Chickpeas, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

17
Happy St. Patrick's Day
Cheese Pizza
Zucchini Parmesan, 1/2 cup
Fresh Green Apple, 1/2 cup
Shamrock Cookie
Choice of Milk

20
Grilled Cheese Sandwich
Cucumber Coins, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

21
Hamburger on Baked Bun
Shredded Lettuce and Tomato
Vegetarian Beans, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

22
Asian Day
Chicken Teriyaki over Brown Rice
Steamed Broccoli, 1/2 cup
Chilled Pineapple Cup, 1/2 cup
Fortune Cookie
Choice of Milk

23
Crispy Oven Baked Chicken
Bread Slice
Mashed Potatoes, 1/2 cup
Sautéed Green Beans, 1/2 cup
Applesauce, 1/2 cup
Choice of Milk

24
Potato Crusted Fish Patty/Cheese
on Baked Bun
Shredded Lettuce
Sweet Potato Fries, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

27
Fiestada Pizza
Corn Salsa, 1/2 cup
Black Bean Salad, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

28
Chicken Smackers with Ketchup
Potato Puffs, 1/2 cup
Sautéed Broccoli, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

29
Southwest Day
Three-Bean Chili
Seasoned Brown Rice, 1/2 cup
Red Pepper Strips, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

30
Sloppy Joe Sandwich on Baked Bun
Sautéed Green Beans, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

31
Cheese Pizza
Garden Salad, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

Available Daily

Peanut Butter or Sun Butter & Jelly Sandwiches
American Cheese Sandwiches
Sandwiches on Whole Grain Bread

Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk.

MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

A side salad of leafy dark green vegetable is offered daily.
Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.
Fat Free Chocolate milk is available Tuesdays and Thursdays.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.