



BREAKFAST

MARCH 2017 Child Nutrition Program

PreK-Grade 8

Monday

Tuesday

Wednesday

Thursday

Friday

1
Yogurt Cup, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

2
Blueberry Pancakes, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

3
Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

6
Cinnamon Breakfast Square, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

7
Cinnamon Waffles, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

8
No Need
French Toast Sticks, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

9
National School Breakfast Week
Try Something New
Cheese Omelet Wrap, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

10
Strawberry Oatmeal Bar, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

13
Banana Loaf, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

14
French Toast Sticks, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

15
Turkey & Cheese Tac-Go, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

16
Blueberry Pancakes, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

17
Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

20
Cinnamon Breakfast Square, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

21
Cinnamon Waffles, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

22
Warmed Apple Fruit Pocket, 2 oz:
1/2 cup Fruit
1/2 cup 100% Fruit Juice

23
Cheese Omelet Wrap, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

24
Chocolate Chip Oatmeal Bar, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

27
Corn Loaf, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

28
French Toast Sticks, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

29
Turkey & Cheese Tac-Go, 2 oz
1/2 cup 100% Fruit Juice, 4 oz
1/2 cup Fresh Fruit

30
Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

31
Blueberry Pancakes, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

Milk is served with every meal.
Choose 1% White Milk or Fat Free White Milk.

MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.

