

DECEMBER 2017

Child Nutrition Program

BREAKFAST

PreK-Grade 8

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Warm Glazed Apple Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>5</p> <p>French Toast Sticks, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>6</p> <p><i>Try Something New</i> Pancake Wrapped Turkey Sausage 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>7</p> <p>Banana Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>8</p> <p>Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>
<p>11</p> <p>Warm Croissant, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>12</p> <p><i>Try Something New for the Holidays</i> Gingerbread Treat, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>13</p> <p><i>ZEEB ZEEB</i> Oatmeal Cocoa Chip Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>14</p> <p>Cinnamon Waffles, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>15</p> <p>Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>
<p>18</p> <p>Warm Glazed Cinnamon Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>19</p> <p>Blueberry Pancakes, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>20</p> <p>Cheese Omelet Wrap, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>21</p> <p><i>Try the Season</i> Gingerbread Treat, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>	<p>22</p> <p>Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit</p>
<p>25</p> <p><i>Happy Holidays</i></p>	<p>26</p> <p><i>Happy Holidays</i></p>	<p>27</p> <p><i>Happy Holidays</i></p>	<p>28</p> <p><i>Happy Holidays</i></p>	<p>29</p> <p><i>Happy Holidays</i></p>

One of the following 1/2 cup Fresh Fruit Options will be offered daily: Banana or Apple or Pear

Milk is served with every meal.
Choose 1% White Milk or Fat Free White Milk.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.
ALL FOOD ITEMS MEET USDA CACFP AND CNP/NSLP/REQUIREMENTS

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.milk@usda.gov.

This institution is an equal opportunity provider.



DECEMBER 2017 Child Nutrition Program

Pre-K-Grade 8

Monday	Tuesday	Wednesday	Thursday	Friday
4 Baked Macaroni & Cheese Roasted Broccoli, ½ cup Fresh Fruit, ½ cup Choice of Milk	5 Chicken Snackers with Ketchup Baked Vegetarian Beans, ½ cup Carrot Sticks, ½ cup Fruit Cup, ½ cup Choice of Milk	6 <i>Italian Day</i> Chicken Parmigiana On Baked Bun Sautéed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	7 Mozzarella Sticks & Chicken Snackers COMBO! Potato Smiles, ½ cup Fruit Cup, ½ cup Choice of Milk	1 Cheese Pizza Sautéed Spinach, ½ cup Fresh Fruit, ½ cup Choice of Milk
11 <i>Colby-Cheese Omelet</i> Wrapped in Soft Tortilla Tomato Salsa Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	12 Chicken Alfredo Penne Pasta Sautéed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	13 <i>Asian Day- NEW ITEM</i> Sichuan Chicken Seasoned Brown Rice Steamed Broccoli, ½ cup Chilled Peanch Cup, ½ cup Choice of Milk	14 Pork Meatballs Pasta with Marinara Sauce Roasted Chickpeas, ½ cup Fruit Cup, ½ cup Choice of Milk	15 <i>Themed/Levee Conception</i> Homemade Baked Ziti with Mozzarella Cheese Sautéed Spinach, ½ cup Fresh Fruit, ½ cup Choice of Milk
18 Three-Bean Chili Seasoned Brown Rice Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk	19 <i>Taco Tuesday</i> Pork Taco on Soft Shell Shredded Lettuce Sautéed Red Kidney Beans, ½ cup Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	20 Holiday Lunch Crispy Oven Baked Chicken Mashed Potatoes, ½ cup Green Beans, ½ cup Applesauce, ½ cup <i>Festive Cookies</i> Choice of Milk	21 Hot Turkey Ham Sandwich Potato Smiles, ½ cup Fruit Cup, ½ cup Choice of Milk	22 Cheese Pizza Sautéed Spinach, ½ cup Fruit Cup, ½ cup Choice of Milk
25 	26 	27 	28 	29

Available Daily
 or
 American Cheese Sandwiches
 A side salad (1 cup) of leafy dark green vegetable is offered daily
 One of the following daily ½ cup fresh fruit options: Banana, Apple, Pear, Orange or Plum
 Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk:
 PreK-3 Participants: Milk is available with every meal. Choose 1% Whole Milk or Fat Free Whole Milk daily.
 K-8 Participants ONLY: Fat Free **Swiss** milk is available Tuesdays and Thursdays.
 ALL FOOD ITEMS MEET USDA: NSLP/SEP REQUIREMENTS.

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