



# BREAKFAST

## NOVEMBER 2017 Child Nutrition Program

### PreK-Grade 8

Monday

Tuesday

Wednesday

Thursday

Friday



6

Warm Croissant, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

7

Maple Pancakes, 2 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

1

  
**ALL SAINTS DAY**  
Cinnamon Waffles, 2 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

2

  
Pop- Tarts, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

3

  
Assorted General Mills Cereal, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

6

Warm Croissant, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

7

Maple Pancakes, 2 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

8

*Try Something New*  
Chicken Sausage on  
Honey Biscuit, 2 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

9

  
Assorted General Mills Cereal, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

10

**NO SCHOOL**  
  
THANK YOU, VETERANS

13

Warm Glazed Apple Roll, 2 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

14

Corn Muffin, 1 oz  
String Cheese Stick, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

15

  
Oatmeal Cocoa Chip Bar, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

16

Yogurt with Granola, 2 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

17

  
Assorted General Mills Cereal, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

20

Warm Croissant, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

21

Cinnamon Breakfast Square, 2 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

22

  
Assorted General Mills Cereal, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fruit Cup

23

**NO SCHOOL**  
Happy Thanksgiving  


24

**NO SCHOOL**  
Happy Thanksgiving  


27

Apple Granola Square, 2 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fruit Cup

28

Blueberry Muffin, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

29

Cheese Omelet Wrap, 2 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

30

  
Pop- Tarts, 1 oz  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit

Milk is served with every meal.  
Choose 1% White Milk or Fat Free White Milk.

MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION.  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.

